



OUR MISSION: Conquering Life's Challenges with Love

NEWSLETTER

Agape Love

Words of Wisdom

For I know the plans I have for you,
declares the Lord. Plans to prosper you
& not harm you, plans to give you
hope & a future.

Jeremiah 29:11



**MOTHER'S DAY IS COMING SO
PURCHASE HER A CUSTOM-
MADE PRAYER PILLOW (above)
FROM OUR HOLY INNOVATIONS
ONLINE STORE. PLEASE VISIT
www.Shop.AgapeCCCinc.org
TO VIEW OUR INVENTORY.**

**CONGRATULATIONS
to our Board President
TJ Jefferson for being
selected as one of the
"Women of Excellence" by
Memphis' Tri-State Defender
Newspaper & being selected
as "Member of the Month"
by the Memphis Urban
League Young Professionals
last month.**

ACCC Ministers to Salvation Army Residents

ACCC's Women of Worth Ministries takes its ministry on the road from Austell to Atlanta every other month by holding seminars & workshops with the ladies in the Salvation Army's Shelter & Housing Transitional Program on Luckie Street near downtown Atlanta. This partnership began in August 2012 & each visit confirms that W.O.W. Ministries is welcomed & needed there.

"Every time we go there, we work with a different group of women & it brings me pure joy to know that a lot of those women will not leave the room the same way they came in," says Ieshea Hartwell, ACCC's Executive Director/Founder. With the exception of the very first workshop there, Hartwell & her team of co-facilitators created custom workshops specifically for the residents there such as *The Power of Prayer* & *The Power of Forgiveness* & provides a meal from their in-house chef, Tilda Murry.

"The first time I held a seminar there, it was challenging, and in my mind, I didn't want to go back," Hartwell confesses. "But God laid something in my spirit & he said these are women who come from all walks of life with different backgrounds, different situations that they're dealing with individually. I have called you to minister to them. I thought, 'Why me, Lord?' & he said 'Why not you? I have prepared you for this & now it's time to make a difference in their lives.'" When God speaks, you listen.*



Elaine Bryant answers a question at "The Power of Forgiveness" workshop on 4/25.

COUNSELOR'S CORNER W/ IESHEA HARTWELL

ACCC's Executive Director & Certified Christian Counselor gets approached for advice, & without breaching confidentiality, she wants to share the questions & answers to help others as well.



My spouse & I are always angry at each other & argue about the smallest thing. What are ways we can fix this?

Having conflict & arguments are natural in any relationship. Conflict is scary & brings a sense of dread & opposition to even the strongest relationship.

When conflict is handled ineffectively, our natural reaction is to be angry. Anger turns into frustration, which causes us to do & say things that have a negative impact on the relationship. The chief solution for approaching conflict is found in Proverbs 15:1 (NIV), which says "A gentle answer turns away wrath, but a harsh word stirs up anger." When

voices are raised & demeaning words are used, it triggers the anger to magnify. Staying calm is the best method to use. Other ways: be aware of your non-verbal communication, not expecting your spouse to read your mind, asking questions like "What do you mean when you say...", praying constantly, & learning to compromise. Mastering compromise unlocks the key ingredient to effective conflict resolution.*

EVENTS

Haiti Mission Trip Collection

we've partnered w/ H.O.P.E. Family Resource Center to

collect needed items:

soap, toothpaste, toothbrush, deodorant, folders, paper, pencils, & hats for men, women, & children, etc.

Call 404-913-6221 to donate!

COLLECTION PERIOD

April 22nd – May 25th